



KIT LIST MORFA BAY

MON - FRI

2019

**The following is a guide for an activity week at Morfa Bay.
The centre does have a drying room for clothes/shoes and towels.**

Several activities include getting wet or muddy:

- one sleeping bag
- one pillow and pillowcase
- one waterproof anorak or kagool/hat /gloves (dependent on time of year/weather conditions)
- two or three warm sweatshirts/jumpers
- two or three pairs of tracksuit bottoms (jeans not ideal)
- **two pairs of shoes**/trainers (one pair preferably old for Assault Course and or Coasteering/Gorge Walking)
- sea shoes
- swimming costumes/shorts
- t shirts x3
- two large towels
- underwear/socks
- toilet bag and toiletries
- one water bottle
- two bin liners (one for Assault Course clothing) spare for any other wet items
- **plastic mug for hot chocolate & evening drinks (essential)**

This is the **minimum**. The weather is likely to be cold and wet as we are going in March. **Please send plenty of warm clothing.**



Following the mud assault course clothing/footwear will be left in a designated drying area for each individual school. Once dry they need to be collected and put in black bin liner to take home on last day. Any clothing left in this area on last morning will be black bagged and given to the staff accompanying the pupils to take back to school.

N.B. IT IS IMPORTANT FOR ALL CLOTHING TO BE LABELLED AS MORFABAY CANNOT BE HELD RESPONSIBLE FOR ANY ITEMS LOST OR MISLAID.

Children may bring books/magazines. All jewellery must be removed before each activity and handed in for safe keeping to accompanying teacher in charge.

Children should not bring mobile phones or other electronic devices.

It is essential that children are advised not to bring excess luggage, holdalls if possible. Large suitcases create problems with luggage space on coaches.