

<https://essexfamilyforum.org/wp-content/uploads/2022/12/ECC-Supporting-Your-Neurodiverse-Child-Oct-2022-v3.pdf>

Supporting Your Neurodiverse Child

The above resource has been created by a group of parents at various stages on their Special Educational Needs (SEN) journey who wanted to share their own experiences, tips, and best practices, and those of other families and children.

Included is:

- an overview of relevant information from sources such as the NHS website, national charities etc links to specific topics
- recommended books, videos, and blogs, which are all resources that families have found useful on the topics early intervention and diagnosis, education and school, day to day like managing difficulties, health, and well-being, and growing up.

The resource can be read as a whole, or to dip in and out when each section becomes relevant, and although it is aimed at families, there is a lot that professionals can learn from it too.

Please note - although some of the links and information are specific to Essex County Council, most local authorities have very similar processes in place.